The **Hiffy**

Guide to Safer Sex

FREE!! Re-printable!



That's right.. the spoogy artwork is just a lure! *grin* Too late now though, it's in your paw and you may as well read the info about safer sex. So drool over the art, read the text and think for a bit about how you can make your lovemaking safer. You could save lives, including your own.

Basic

HIV lives in blood, urine, semen and vaginal fluids. If the virus gets into your bloodstream you'll become infected. Some types of sex make it very easy for this to happen - other activities are less risky. Even if you are already HIV+ (infected with HIV) or if you have AIDS, this doesn't mean you can't have sex. You can still make love safely as long as you and your partner(s) are careful.



There are lots of things that are already safe or can be made safer. We can kiss, hug, massage, touch, rub, cuddle, fondle, wrestle, snuggle and masturbate one another - no one ever got HIV from these activities.

${f R}$ educing the Risk

Having your muzzle fucked by a male or lapping at a female's vagina are both low risk for getting HIV. But certain situations can make oral sex riskier - cuts, sores or abrasions in the mouth, recent dental work, or brushing/flossing your teeth several hours before sex. Wait until any cuts, sores or dental work have fully healed and if you want to get rid of doggy breath before having sex use mouthwash instead of brushing.

Stopping before your lover cums makes your risk of getting HIV even lower, as will using a condom on a male or a latex barrier (such as a condom, unrolled and cut down one side) on a female. Using a barrier also helps protect you from other diseases you could get from licking or sucking their genitals.

Licking under someone's tail (rimming) is also low risk for HIV but very high risk for other diseases, such as Hepatitis-B. Before nuzzling some one's tail hole makes sure they wash thoroughly first and using a latex barrier will make it even safer to pleasure someone this way.

Being mounted and fucked by a male, under your tail or in your vagina if you're female, is obviously a very easy way for HIV to get into your body. Even if you mount someone you are at risk since HIV and other diseases can get into you through your pee hole or any small abrasions on your malehood. Making mating safer is easy, just make sure you use a new latex condom with lots of water based lube (Astroglide, Wet, Foreplay, KY, ID) to keep things

slippery.. oil lubes (Vaseline, hand lotion, cooking oil) dissolve latex so don't use them. Some rectal medication, ointment and suppositories, have oil bases that can also damage latex. Stop using them and make sure your bum is decontaminated before raising your tail for someone.

About Condoms

A condom can slip off or break, but only if you don't use it the right way. Use condoms made out of latex and make sure they haven't expired.. they should have an expiration date stamped on the wrapper.. if they don't, don't use them.



How to Use Condoms

Get sexually aroused. The furry who will wear the condom should be fully erect before putting one on.

Carefully tear the package open to avoid damaging the condom.

To help fight internal friction that could damage the condom put a drop of water based lubricant in the reservoir tip. Even if it's one that is sold lubricated.

Hold the condom reservoir tip between two fingers to squeeze it flat. This makes the condom less likely to break and makes more space for the cum.

Keeping the tip pinched closed put the unrolled condom down onto the head of the hard, erect cock.

Unroll it all the way down to the base of the cock. Make sure the condom is a skin tight fit.

Spread lots of water based lube on the outside of the condom and under the bottom partner's tail or on her vagina.

While fucking check every so often to make sure the condom hasn't slipped or broken and that there's enough lube. If it breaks replace it right away!

Pulling out before cumming in addition to using a condom is another way to help reduce the risk. If you decide to go all the way to orgasm the top should pull out before he goes soft.



Carefully remove and dispose of the used condom, either flush it or throw it in the trash. Never use a condom more than once!

Wash up with soap and water. Clean your hide, genitals and anus of any stray love juices or lube, especially before having more sex.



Other Condom Stuff

Don't keep condoms in your wallet, tight pocket, marsupial pouch or glove compartment. Carry them in a purse, jacket pocket or keep them handy next to the bed. Many pre-lubed condoms have spermacide (nonoxynol-9) in them to kill the sperm, this chemical is also used in spermacidal foam and in some lubricants. It helps reduce the risks of HIV transmission and unwanted pregnancy, however some people are allergic to it. Do a test first on a patch of skin to see if there is an allergic reaction before using any products with spermacide in them.

Loy

Toys that are inserted into an anus or vagina should have a condom put on them first, just as if they were a cock. Whips (floggers, quirts, canes, paddles, etc.) need a full cleaning after every use,

wether they draw blood or not. Clean up any spilled blood using cotton balls and rubbing alcohol (or a mix of nine parts water and one part bleach) and then clean the toys as follows.

After using a toy on someone (and before using it on anyone else) clean them thoroughly with hydrogen peroxide to loosen dead skin and other organic matter, then wipe down with alcohol. Leather toys should be treated with leather oil or a similar conidioning product after they've been cleaned. Put newly cleaned toys aside and don't use them for at least day.

An even better way to make using toys safer is to have your own set of toys that are used only on you. A bonus is that the toys you enjoy will be on hand.. your top will probably have fun exploring how to use your toys on you too. Keep in mind that cleanliness is still very important, thoroughly clean your toys after every use.

T_{ail} End

Talk to your partner(s) about what you feel comfortable doing. Don't let anyone pressure you into doing something you're not comfortable with - it's your body, your emotions and -you- have the right to decide. If you drink or do drugs, don't get so wasted that you have unsafe sex. Share the task of putting a condom on with your partner, whether you're the one wearing it or they are -make certain that it's done right. Have lots of condoms and lube in handy places - by the bed, in the bathroom, in your jacket pockets, with you when you go out... wherever!

Go get yiffy!



Credits

Author - A M-M

Artists - Charles Davies, Brian Harp, Lance Rund, Ken Sample, Sean Thomas, Sean Wilkinson, Wookiee

©1996 - A M-M

(This guide may be re-printed and freely distributed as long as no alterations are made. The artwork donated for use in this guide is
© the artists who created it. Said artwork may not be reproduced except at part of this guide.)